



# EnForSe

## ENGLISH FOR SENIORS: PRACTISING ENGLISH WITH THE MONTESSORI METHOD

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### TEACHING OLDER ADULTS EXCITING NEW SKILLS

EnForSe: English for seniors, Practising English with the Montessori Method, is a project intended to educate senior citizens in English using the Montessori method as inspiration. The Montessori method is usually used with children and involves non-formal education with self-directed activities, hands-on learning and collaboration. The main aim is to build bridges between seniors in different European countries and fill their time with meaningful activities, using a respected, pedagogical approach to teach a foreign language.

### CHALLENGING QUESTIONS:

- How can we teach the elderly exciting new things?
- Can the elderly acquire a new language?
- How can we best support them in learning new skills?

### AIMS

This project aims to use the Montessori method to teach English to seniors from the partnering European countries using the Montessori Method.

### IMPACT AND EXPECTED RESULTS

- The development of EnForSe practical guidelines to teach English to seniors.
- The establishment of connections in different countries.
- The evolution of European culture, European identity and sense of belonging for seniors.
- The involvement of seniors in English social networks offering an extension of their network, knowledge, and friendships.
- Better quality of life for seniors.



## LEARNING A NEW LANGUAGE FOR ADULTS OVER 65

The project will establish an over 65's meetup called the EnForSe Corner, which will take place in person in each of the partnering countries. At the same time, all countries will connect and hold real-time, online exchanges with each other.

The groups' coordinators will host non-formal and engaging methods of language acquisition, allowing a crosscultural exchange of ideas. These activities will include video conferences, presentations and group games. The EnForSe Corner will enable older people to socialise, extend their network, make new friends and increase their knowledge.

The philosophy is that attending occasions such as this, involving cultural exchanges while learning English, will enhance cultural understanding, facilitate learning, expose the participants to new technology, and prevent isolation, depression and boredom that comes with a stagnant mind.

The participating organisations represent Italy, Turkey, Spain, Germany, Finland, and Poland.

The project will run for two years beginning in September 2020.

